

brunch >>12-4

Frittata

baby spinach and feta cheese frittata, red onion marmalade, toasted pine nut crumble. **7** (v) (gf) (*)

Eggs Bourguignon

st ewe poached eggs, pickled shallots, smoked bacon, roasted vegetable. **8** (gfo)

Smashed Avo

ripe avocado, smoked salmon, chargrilled sour dough, fried duck egg, chilli oil. **10** (gfo)

harvester rolls >>12-4

malt seeded soft ciabatta, celeriac remoulade, sweet pickled roots.

Turkey Breast

chipotle relish, cornish brie, wild rocket leaves, crispy shallots. **9** (gfo)

Thai Tofu

satay fried silken tofu, fermented red cabbage, cucumber ribbons, julienne carrot, coriander, cashew nut cream. **8** (vg) (gfo) (*)

Hickory Wood Smoked Salmon

sliced avocado, sun blushed tomato and oregano pesto, gem lettuce, red onion. **10** (gfo)

mains >>from 12

Gylly Burger

dry aged beef steak burger, monterey jack cheddar, braised brisket, beef butter, pickled onion, american mustard, seeded bun, super crunch chips. **15** (gfo)

Moroccan Fish Stew

daily market flat fish, chickpeas, vine tomato, ginger and cumin seeds, toasted almonds, soft fresh herbs. **14** (gf) (*)

Goulash

smoked shin of moorland beef, autumn vegetables, stout sauce, parsley pomme puree, warm wedge of bakery treacle bread. **13** (gfo)

Mediterranean Monte

greek style toasted sandwich, feta cheese, tapenade, red onion, baked ham, lemon aioli, chard leaves, skinny fries. **11**

Fish and Chips

korev beer battered market white fish, super crunch chips, garden peas, tartare sauce. **14** (gfo)

Gylly Souvlaki

west country lamb kofta, cucumber yoghurt, bubbled garlic flat bread, tomato, onions, chopped mint salsa, guindilla chillies. **13** (vegetarian option available)

Mac 'n' Cheese Fish Pie

roasted macaroni pasta, local fish, charred tiger king prawns, dijon mustard sauce, wookey hole cheddar gratin, smoked bacon and chive crust, house salad. **15**

Stuffed Gnocchi

walnut and gorgonzola potato dumplings, white wine cream reduction, candied nut crumb, micro shoots. **12** (v) (*)

small plates >>from 12

Crispy Fried Whitebait

roasted garlic mayonnaise. **6**

Braised Squid

octopus, chorizo, shaved fennel and orange. **7**

Potato Bravas

peppers, spinach, onion, stewed potatoes, wine reduction. **5** (vg)

Boquerones

pickled anchovy fillets virgin olive oil, crisp breads. **6** (gfo)

Pressed Belly Pork

korean sauce, leeks, sesame seeds. **6** (gf)

Burnt Brisket Ends

chimichurri sauce. **6** (gf)

Duchy Charcuterie

'nduja' pate, sourdough toast, olive oil. **6**

Smoked Mac 'n' Cheese Balls

chunky piccalilli. **5** (v)



juniors >>from 12

includes juice carton & freshly made bakery on the beach cake. **10**

Crispy Haddock Goujons

skinny fries, garden peas, tartare sauce.

4oz Steak Cheeseburger

super crunch chips. (gfo)

Fresh Gnocchi

potato dumplings, vine tomato and basil sauce, cheesy garlic flat bread. (v)

sides >>from 12

Super Crunch Chips 4 (v) (gf)

Cheese on Chips (not melted) **5.5** (v) (gf)

Skinny Fries 4 (v) (gf)

House Salad 4 (v) (gf)

Cheesy Garlic Bread 4
(lea & perrins contains fish)

Marinated Gordal Olives 4 (v) (gf)

Bread and Oils 4 (vg)

Black / White Coffee 2.4

Flat White 2.8

Cappuccino 2.6

Latte 2.6

Espresso 2.10

Doppio Espresso 2.4

Mocha 3

Babyccino 1

Tea 2.10

English Breakfast

Earl Grey / Decaf / Redbush

Teapig Tea 2.8

Peppermint / Green / Chai

Lemongrass & Ginger

Chamomile / Super Fruit

Hot Chocolate

3 / Kids 2.40

Hot Chocolate & Cream

3.3 / Kids 2.70

The Deluxe

hot chocolate, cream
& marshmallows. 3.5
Kids. 3

Cornish Orchards 2.8

Sicilian Lemonade
Elderflower Presse
Apple & Rhubarb
English Apple
Ginger Presse

Smoothie Cartons 2.2

Fresh Smoothie 3.5

Apple / Orange Juice Carton

1

Cornish Water:

Sparkling or Still
Small 2 / Large 3.5

Fresh Orange Juice 2.6

Frobishers Juice 2.8

Pineapple / Pink Grapefruit

Eager Juice 2.3

Apple / Cranberry /
Orange / Tomato

Icon Coke / Diet Coke Bottle

2.8

Bottles / Cans:

Sol 4.5% vol. 4

Beavertown Gamma Ray

5.4% vol. 4.5

Brew Dog Punk IPA

5.6% vol. 4.6

Jubel Peach / Elderflower

4% vol. 4.6

Becks Blue 0% vol. 3.5

Draft:

Carlsberg 3.8% vol.
2.5 / 4.80

San Miguel 5% vol.
2.7 / 5.2

Big Wave 4.4% vol.
3.10 / 6

Korev 4.8% vol.
2.5 / 5

Guinness 4.1% vol.
2.5 / 4.8

Tribute 4.2% vol.
2.5 / 4.8

Beavertown Neck Oil
4.3% vol. 3 / 5.8

Cornish Orchards Gold
4.5% vol. 2.7 / 4.6

Cornish Orchards Blush
4% vol. 2.7 / 4.6

**Sml -125ml, Med -175ml,
Lrg -250ml**

Whites:

Pinot Grigio / The Deep

california, usa, 12% vol
sml 3.6 / med 4.75 / lrg 6.25
bottle 18

Curicó Valley Chardonnay

valle central, chile, 13.5% vol
sml 3.75 / med 5.25 / lrg 6.75
bottle 18.5

Picpoul de Pinet

coteaux du languedoc, france,
12.5% vol / sml 4 / med 5.5
lrg 7.75 / bottle 20

Sauvignon Blanc

ribbonwood, marlborough, nz,
12.5% vol / sml 4.75 / med 6.5
lrg 8.5 / bottle 25

Albariño

alba martin, do rias baixas,
spain, 12% vol
sml 5.5 / med 7.75 / lrg 9.5
bottle 28

Bourgogne Chardonnay

burgundy, france, 12.5% vol.
bottle 38

Rose:

Pinot Grigio Rosato

cantina di monteforte, italy,
12% vol / sml 3.75
med 5.25 / lrg 7.5 / bottle 19

**Sml -125ml, Med -175ml,
Lrg -250ml**

Reds:

Coreto Tinto

lisboa, portugal, 13% vol
sml 3.5 / med 4.75 / lrg 6.25
bottle 18

Cabernet Sauvignon

villa montes, chile, 14% vol
sml 3.75 / med 5.25 / lrg 7.5
bottle 21

Bodegas LAN Rioja Crianza

rioja alta, spain, 13.5% vol
sml 4.75 / med 6.5 / lrg 9.25
bottle 28

Mendoza Malbec Clasico

kaiken, argentina, 13.5% vol
sml 4.75 / med 6.5 / lrg 9.25
bottle 28

Crozes Hermitage Rouge

maison nicolas perrin, france
13% vol / bottle 38

Bubbles:

Ca' Bolani Prosecco

italy, 11% vol / flute 4.5
bottle 27

Botter Rosé

spumante sparkling rose,
italy, 11% vol / bottle 26

Camel Valley Brut

cornwall, 12.5% vol /
bottle 45

Camel Valley Pinot Noir

Rose Brut cornwall,
12.5% vol / bottle 45