

Pan Seared Cornish Scallops  
mangalitza black pudding, bacon crumble, pickled apples, brown sauce. 9

Griddled Spanish Octopus  
roasted chorizo, lyonnaise potato, garlic aioli, white balsamic. 8

Miso Broth  
wheat noodle broth, bok choy, coriander, chilli, ginger, chestnut mushrooms, spring onion, crispy shallots. 7 (v)

St Ewe Crispy Egg  
panko breaded free range egg, garden pea veloute, streaky smoked bacon. 7.5

Slow Braised Brisket  
potato cake, poached creedy carver duck egg, watercress salad. 7

Aubergine Fritters  
bangladeshi crispy spiced aubergine, coriander mayonnaise. 6 (v)

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Kernow Sausage Casserole  
cornish pork sausage, butter beans, smoked paprika, button onions, field mushrooms, thyme and garlic sauce, parsley pomme puree. 15 (gf)

Southern Indian Chicken Curry  
tomato and coconut based spiced curry, corn fed chicken breast, long grain rice, teardrop naan bread 17 (gfo)

F.B.L.T  
newlyn pollock fillet, smoked bacon, wilted gem lettuce, beef tomato, griddled sour dough, garlic mayonnaise, shaved parmesan. 15

Westcountry Brodetto  
an Italian style stew based on the fresh fisherman's catch of the day, please see your server for today's fish. 16 (gfo)

Moorland Grass Fed Rump Steak  
charred shallots, sautéed chestnut mushrooms, beef butter, hand cut dripping chips, rocket and parmesan salad. 23 (gf)

Cornish Hand Picked Crab and Fennel Risotto  
foraged beach vegetables, brown crab & smoked cheese arancini, pine nut crumb. 18

Bolognese Ragu  
salt baked beef, celery, carrot, onion, tomato, garlic, tagliatelle fresh pasta. 14

Fresh Egg Tortelloni  
sunblushed tomato and mozzarella stuffing, garlic and shallot white wine cream sauce. 15 (v)

Market Fresh Fish  
cornish beer battered fish, chunky chips, garden peas, tartare sauce. 15 (gfo)

seasonal vegetables. 4  
super crunch chips. 3.75

baby potatoes. 3.5

chips & cheese (not melted). 5

house salad. 4

cheesy garlic bread. 3.5

*(lea & perrins contains fish)*



(v) = vegetarian (gf) = gluten free diet (gfo) = gluten free option (vg) = vegan (\*) = contains nuts  
please note we use wheat, eggs, nuts, dairy, & seeds in our kitchen. every ingredient on each  
dish may not be listed, any allergies please make our management team aware.